Clinical Characteristics and Outcomes of Ischemic Stroke: One Year of a Single Stroke Center Experience in the Eastern Region of the Abu Dhabi Emirate

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Introduction:

Multidisciplinary Stroke unit has a well-established favorable long-term outcomes and significant improvement in morbidity and mortality related to stroke. During COVID-19 pandemic, it was challenging to establish and maintain a well-structured stroke unit at our institute. We are describing our stroke unit outcomes in tertiary hospital in the United Arab Emirate.

Method:

A retrospective chart analysis was conducted at Tawam hospital over one year (2021). Inclusion criteria: adult patients (age> 16 years) admitted with suspected stroke. Clinical, laboratory, imaging data were collected and outcomes were studied. Descriptive analysis was used.

Results:

- Conclusion:
  - Our cohort of stroke patients confirmed that hypertension and/or diabetes are a major risk factors for an acute ischemic strokes in community and these risk factors were identified for all age groups.